

PhytoMeal Chocolate/Vanilla

Nutritious functional food powder featuring pea protein

PhytoMeal is a dairy-free, nutrient-rich functional food powder designed to help promote an optimal intake of protein, fats, carbohydrates, vitamins and minerals needed for overall wellness. It features a natural pea protein isolate as its protein source and does not contain casein, lactose, gluten, or soy. PhytoMeal is an ideal choice for those who follow plant-based diets and for people with allergies or sensitivities to dairy or grain-based products.

Why pea protein?

Compared to animal proteins, most plant-sourced proteins are low in some of the essential amino acids (EAAs). Amino acids are the building blocks for proteins, including muscle tissue. “Essential” amino acids are the ones the human body cannot synthesize internally; therefore, it is “essential” that we get them from our diet. Compared to proteins from soy, hemp, and rice, pea protein contains these critical EAAs as a higher percentage of total protein. Pea protein is also rich in branched-chain amino acids (BCAAs), which are known to help fuel muscle cells, thus supporting muscle mass and athletic performance.

Additionally, pea protein is easy to digest and has lower concentrations, or is void of, of certain potentially problematic compounds that are found in soy, which are featured in many plant-based protein formulas. For example, pea protein is lower in isoflavones, which are plant compounds that may have unfavorable effects on hormones. Protein from soy and other legumes also contains compounds that may interfere with healthy digestion and absorption of amino acids, vitamins and minerals. Pea protein is low in these so-called “anti-nutrients,” making it easier to digest.

The pea protein in this product is:

- **Grown in North America and non-genetically modified (non-GMO)**
- **Free of gluten and grains**
- **Easy to digest**

Additional Ingredients:

PhytoMeal provides a range of vitamins and minerals to support health and wellness. Chromium and zinc, two minerals that help promote healthy glucose metabolism, are provided in chelated form—this form makes them easy for the body to absorb and assimilate. This product also contains fiber, which helps support regularity and may promote satiety (a feeling of fullness). Additionally, PhytoMeal provides creatine, a compound well-regarded for promoting the building of muscle mass and supporting athletic performance including strength and power.

Recommended Use:

Mix 36 grams (approx. one scoop) in ten ounces of water per day, or as directed by your health care practitioner. Best if consumed within 15 minutes of mixing.

Highlights:

- Ideal for vegetarians, vegans, and those with allergies or sensitivities to dairy (lactose & casein), gluten, or soy
- Rich in protein – features 16 grams of non-GMO, low-allergenic pea protein per serving
- Impressive amino acid score – contains a range of essential amino acids and branched-chain amino acids (BCAAs)
- Provides creatine, known for supporting lean muscle mass and athletic performance
- Contains an array of vitamins & minerals – makes a great protein-rich snack or supplement to a meal
- Free of sucrose, fructose, and artificial sweeteners; sweetened with stevia leaf extract

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT EVEXIA NUTRACEUTICALS, PLEASE CALL US AT (888) 852-2723,
OR VISIT AT WWW.EVEXIANUTRACEUTICALS.COM.